



Yerington Paiute Tribal Newsletter

June, 2021 Vol. 9-6

Meetings:

General: 6/16 ~ 5:30 PM

Enterprise: 6/30 ~ 5:30 PM

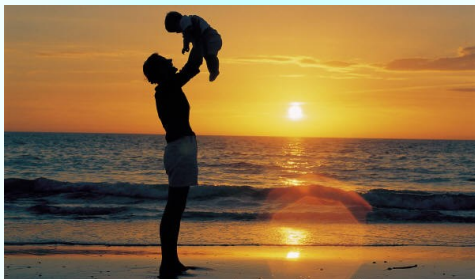
(Days & times are subject to change)

Dates To Remember:

6/12 ~ COVID-19 Vaccination Fair

(Bernie Giron Park)

6/20 ~ Father's Day



Court Dates:

June 1, 2021

June 15, 2021

July Newsletter Deadline:

Friday, June 25, 2021



June 12, 2021

TA'BOOSI TUKA'DU NUMU TATZA
MUHA TUGAPAU

COVID-19 VACCINATION FAIR

Bernie Giron Park

10am - 2pm

Yerington Paiute Tribe (Ta'boosi tuka'du) Numu

Fun Run 2021

9am - 10am



**PLEASE SLOW DOWN AND BE VERY CAUTIOUS
OF THE CHILDREN WHEN YOU ARE DRIVING
ON THE RESERVATION AND AT THE COLONY!**

**TA'BOOSI TUKA'DU NUMU TATZA
MUHA TUGAPAU
COVID-19 VACCINATION FAIR**



REMSA



**Mammo-
van**

**Surprise
Guests!**

10AM - 2PM

June 12th, 2021

Bernie Giron Park

**Bounce
House**

**Blood
Drive**



**Fun Run @
8:30 -9AM**



**Indian
Tacos**



**Join us for a fun day and FREE
COVID-19 Vaccination and Testing!**



Yerington Paiute Tribe (Ta'boosi tuka'du) Numu

Tatza Muha Tugapu (June Celebration)



FREE Booth Space Sign-up Sheet
Saturday ♥ June 12, 2021
Set up time from 7:30 am - 8:00 am

Department/Agency Name

Tribal Affiliation:

Contact Person

(If none, write N/A)
Enrollment#

() -

Phone Number

*Please give a brief description of your booth. **Must provide your own tables, chairs, etc.** If edible items are a part of your display please choose veggies, fruits or other healthy snacks to Promote Healthy Choices.*

Please return this form by Friday June 4, 2021:
Administration Email: mhooper@ypt-nsn.gov
YPT Admin ~ 171 Campbell Lane Yerington, NV 89447
Contact Admin. or Mandee for any concerns or questions at
(775) 783-0200 ext. 150 or FAX: (775) 463 – 2416

By submitting this application, you are accepting all liability regarding your vendor booth. You acknowledge Yerington Paiute Tribe (YPT) or any entity owned by YPT is not affiliated or liable for any adverse impact to patrons.



Yerington Paiute Tribe (Ta'boosi tuka'du) Numu

Fun Run 2021



FREE T-SHIRT

(1 Mile), (2 Mile), or
5K Walk/Run

Fun Run Registration
8:30 am ~ 9:00 am

Fun Run Time
9:00 am ~ 10:00 am

Light Refreshments
10:00 am

Raffle Tickets

will be given to Fun Run participants and anyone who gets a COVID vaccination during the event.

Come Walk or Run for Fun!



June 12, 2021

♥ **Saturday** ♥

9:00 am - 10:00 am

**The Fun Run will
coincide with the
Tatza Muha Tugapu =
(June Celebration)**

Fun Run questions: Clinic Phone Number 775-783-0222
Rachel Johnson Ext. 235 or Reyna Villagrana Ext. 231

FREE Vendor Booths available contact Mandee Hooper 775-783-0200 Ext. 150

Sponsored by the Special Diabetes Program for Indians

Yerington Paiute Tribe (Ta'boosi tuka'du) Numu

Fun Run 2021 Registration Form



Yerington Paiute Tribal Health Clinic
Wellness Center
1K-2K-5K FUN RUN/WALK
June 12, 2021 at 9:00 AM ~ SATURDAY

Location: In front of the YPT Health Clinic- 171 Campbell Lane Yerington, NV 89447

Schedule: **Registration** 8:30 am - 9:00 am **Run/Walk** 9:00 am - 10:00 am

(One form per person)

Name: _____ Phone #: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Please circle your category:

(12 and under) (13-15) (16-19) (20-29) (30-39) (40-49) (50-59) (60-69) (70+)

Age on Fun Run/Walk Day: _____

T-Shirt Size (Circle One): S M L XL XXL XXXL

Distance planned (Circle one): 1-K Walk 2-K Walk 5-K Walk 5-K Run

Participate Signature

Date

Signature of Parent/Guardian if Participate is 17 years old or younger

Printed Name of Parent/Guardian

All participants must sign. If participant is 17 years old or younger, parent or guardian may sign.

Waiver:

In consideration of accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, my executor and administrators waive and release all rights and claims that I may have against the person(s) and/or organization(s) affiliated with this Fun Run/Walk. Yerington Paiute Tribe and all other contributing organizations, employees and/or volunteers and assigns for any injuries suffered by me while traveling to or from while competing in the YPT Fun Run/Walk on June 12, 2021. I further attest that I am physically fit and have sufficiently trained for competition in this event.

The Nevada Health Centers Mammovan is Coming to Your Community!

Early Detection is the Best Protection!

The Mammovan will be in your community on:

DATE: Saturday, June 12, 2021

HOURS: 7:40am to 3:40pm (closed for lunch from 11:50am to 1:10pm)

LOCATION: Yerington Paiute Tribal Clinic

30 W. Loop Rd., Yerington, NV 89447

Check in directly with the Mammovan

CLEAR FORM

COVID-19 precautions are in place to help keep you safe.

Please arrive 15 minutes prior to your scheduled appointment to receive a COVID-19 screening.

For an appointment, please call:
Nevada Health Centers Mammovan
877.581.6266 OPTION 1
MONDAY - FRIDAY | 7 AM - 6 PM

Go to nvhealthcenters.org/mammography for the current calendar of Mammovan events

NEW
**3-D
 IMAGING***
 FOR ENHANCED
 ACCURACY

GET YOUR MAMMOGRAM TODAY!

- * *As technology improves, so do we.* 3-D technology offers greater accuracy in mammography screening.
- Women 40 and over require NO referral. Women 39 and under, or men, MUST present a physician (PCP) referral.
- Must be at least 366 days since last screening.
- NO minors can be left unattended and they may NOT accompany you into the exam room.
- Results are mailed directly to you and your PCP / Specialist.

Please be sure you have all of the following with you upon arrival to ensure a smooth check in experience:

- Current and valid government-issued photo ID
- Current insurance card (if applicable)
- Mammography Patient Registration forms — **please complete before your appointment** (forms are available online at nvhealthcenters.org/mammography)
- Name and phone number of your Primary Care Physician (PCP)

Acceptable Methods of Payment:

- * Call your insurance company to find out if 3-D is covered. If it is not covered, you have the option of purchasing this enhanced test at a cost of \$50.
- Medicare • Medicaid • Sliding Fee Scale
- Women's Health Connection (WHC)
- Most major insurances – Yearly Preventive Screenings are covered under most insurances, however, verify your coverage prior to your appointment to assure the Mammovan is an accepted provider.
- Individuals **NOT COVERED** by health insurance may qualify for a "no charge" screening.



Yerington (Campbell Ranch) Annual Water Quality Report

Public Water System #093200171



2020



This report is a snapshot of your water quality. Included are details about where your water comes from, what it contains, and how it compares to standards set by regulatory agencies. We are committed to providing you with information because informed customers are our best allies.

Do I need to take special precautions?

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. The Environmental Protection Agency (EPA) and Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Water Drinking Hotline (800-426-4791).

Where does my water come from?

Your water comes from 2 ground water sources.

Why are there contaminants in my drinking water?

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791).

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity including:

microbial contaminants, such as viruses and bacteria, that may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife; inorganic contaminants, such as salts and metals, which can be naturally occurring or result from urban stormwater runoff, industrial, or domestic wastewater discharges, oil and gas production, mining, or farming; pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses; organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems; and radioactive contaminants, which can be naturally occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same protection for public health.



WATER QUALITY TABLE



The table below lists all of the drinking water contaminants detected during the calendar year of this report. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk. Unless otherwise noted, the data presented in this table is from testing done in the calendar year of the report. The EPA or the State requires monitoring for certain contaminants less than once per year because the concentrations of these contaminants do not change frequently.

Contaminants	MRDLG	MRDL	Your Water	Range		Sample Date	MRDL Exceeded	Typical Source
				Low	High			

Disinfectants

Chlorine Units: ppm	4	4	0.7012	0.47	1.02	2020	No	Drinking water additive used for disinfection
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Contaminants	MCLG	MCL	Your Water	Range		Sample Date	Violation	Typical Source
				Low	High			

Disinfection By-Products

Total Trihalomethanes (TTHMs) Units: ppb	N/A	80	6.76	N/A	N/A	2019	No	By-product of drinking water chlorination
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Contaminants	MCLG	MCL	Your Water	Range		Sample Date	Violation	Typical Source
				Low	High			

Inorganic Contaminants

Arsenic Units: ppb	0	10	13.3	ND	28	2020	Yes	Erosion of natural deposits; runoff from orchards; glass and electronics production wastes
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Fluoride Units: ppm	4	4	0.54	N/A	N/A	2020	No	Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories
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Nitrate [reported as Nitrogen] Units: ppm	10	10	0.74	N/A	N/A	2020	No	Runoff and leaching from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
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Sodium Units: ppm			50	N/A	N/A	2020	N/A	Erosion of natural deposits; salt water intrusion
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Contaminants	MCLG	Action Level	Your Water	Range	Sample Date	A.L. Exceeded	Typical Source
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Lead and Copper Rule

Copper Units: ppm - 90th Percentile	1.3	1.3	0.16	0 sites over Action Level	2017	No	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
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Lead Units: ppb - 90th Percentile	0	15	1.7	0 sites over Action Level	2017	No	Corrosion of household water plumbing systems; discharges from industrial manufacturers; erosion of natural deposits
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Contaminants	MCLG	MCL	Your Water	Range Low High	Sample Date	Violation	Typical Source
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Radiological Contaminants

Adjusted Alpha (Excl. Radon & U) Units: pCi/L	0	15	0.6	N/A	N/A	2020	No	Erosion of natural deposits
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Health Effects Language

Arsenic

Some people who drink water containing arsenic in excess of the MCL over many years may experience skin damage or circulatory system problems, and may have an increased risk of getting cancer.

Special Education Statements

Additional Information for Lead

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. PWS system is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline at 1-800-426-4791 or at <http://www.epa.gov/your-drinking-water/basic-information-about-lead-drinking-water>.

Microbiological Testing

We are required to test your water regularly for signs of microbial contamination. Positive test results could lead to follow-up investigations called assessments and potentially the issuance of public health advisories. Assessments could lead to required corrective actions. The information below summarizes the results of those tests.

Sampling Requirements	Sampling Conducted (months)	Total E.Coli Positive	Assessment Triggers	Assessments Conducted
1 Sample due monthly	11 out of 12	0	0	0

Health-Based Violations

The table below lists the health-based violations the water system incurred during the last calendar year. While you should have received notification of the violations at an earlier date, we are required to list them in this report.

Contaminant Name	Type of Violation	Begin/End Date	Comments	Steps Taken to Correct the Violation	Return to Compliance	Return Date	Action Comment
Revised Total Coliform Rule (RTCR)	Failure to conduct routine monitoring	12/1/2020 12/31/2020	Failure to collect routine samples at appropriate site/frequency.	Following month reporting of all required results.	Yes	1/20/2021	Subsequent reporting of required results.

What should I do, as a consumer?

There is nothing you need to do at this time.

What is being done by the utility?

We will work with our regulatory official to conduct all required contaminant monitoring as directed.

Definitions

Term	Definition
ppm	parts per million, or milligrams per liter (mg/L)
ppb	parts per billion, or microgram per liter (ug/L)
positive samples	the number of positive samples taken that year
% positive samples/month	% of samples taken monthly that were positive
pCi/L	picocuries per liter
ND	Not detected
N/A	Not applicable
MCLG	Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
MCL	Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
TT	Treatment Technique: A required process intended to reduce the level of a contaminant in drinking water.
AL	Action Level: The concentration of a contaminant which, if exceeded, trigger treatment or other requirements which a water system must follow.
90th Percentile	Statistical value used to determine if Action Level is exceeded. Determined by calculating the value at which 90% of the samples tested were below that value.
90th Percentile	Statistical value used to determine if Action Level is exceeded. Determined by calculating the value at which 90% of the samples tested were below that value.

How can I get involved?

Please feel free to contact the number provided below for more information or for a translated copy of the report if you need it in another language.

Please share this information with all the other people who drink this water, especially those who may not have received this notice directly (for example, people in apartments, nursing homes, schools, and businesses). You can do this by posting this notice in a public place or distributing copies by hand or mail.

For more information please contact:

Alfonzo Peña, Water Operator, 171 Campbell Lane, Yerington, Nevada 89447, **Phone:** (775) 309-9635

YPT WELLNESS CENTER NEWS

June 2021



HOURS OPEN: STARTING 6/14/2021

11am-8pm Monday – Friday

**Make an appointment with the wellness staff for an assessment
and fitness plan today!**

Please provide the wellness center with a current copy of recent physical exam to use
equipment and facilities.

wellnesscoordinator@ypt-nsn.org

(775)783-0200 ext. 181



Yerington Paiute Tribe Wellness Center

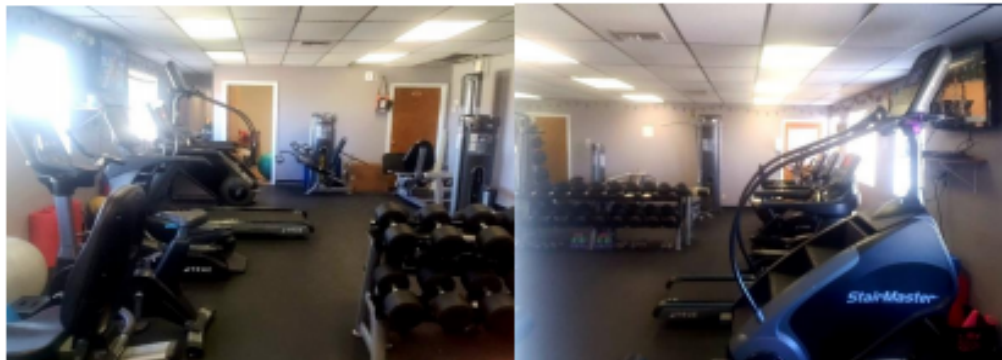
#YPTGYM

Yerington Paiute Tribe Wellness Center

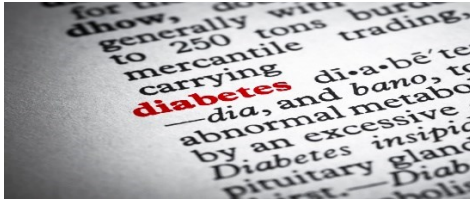
WELLNESS ACTIVITY COORDINATOR



Hi, my name is Melissa Castillo. I am the new wellness activity coordinator. I am a member of the Yerington Paiute Tribe. I grew up here from 4-17 years old. I moved to CA for 10 years and came home 3 years ago. I chose to be healthy and make a lifestyle change after I had my son 12 years ago. Health and wellness is my passion. I enjoy gardening, working out, rock climbing, yoga and art. I am looking forward to working with you one-on-one or in group classes. Please feel free to stop by the wellness center and we can discuss your goals and a plan to get there because a goal without a plan is just a wish 😊 Hope to see you soon!



What is Diabetes?



With diabetes, your body either does not make enough insulin or can't use it as well as it should. Diabetes is a chronic (long-lasting) health condition that affects how your body turns food into energy.

Most of the food you eat is broken down into sugar (also called glucose) and released into your bloodstream. When your blood sugar goes up, it signals your pancreas to release insulin. Insulin acts like a key to let the blood sugar into your body's cells for use as energy.

If you have diabetes, your body either does not make enough insulin or can't use the insulin it makes as well as it should. When there isn't enough insulin or cells [stop responding to insulin](#), too much blood sugar stays in your bloodstream. Over time, that can cause serious health problems, such as [heart disease](#), [vision loss](#), and [kidney disease](#).

There isn't a cure yet for diabetes, but losing weight, eating healthy food, and being active can really help. Taking medicine as needed, getting [diabetes self-management education and support](#), and keeping health care appointments can also reduce the impact of diabetes on your life.

Diabetes by the Numbers

34.2 million US adults have diabetes, and 1 in 5 of them don't know they have it.

Diabetes is the **seventh leading cause** of death in the United States.

Diabetes is the **No. 1** cause of kidney failure, lower-limb amputations, and adult blindness.

In the last **20 years**, the number of adults diagnosed with diabetes has more than **doubled**.

Types of Diabetes

There are three main types of diabetes: [type 1](#), [type 2](#), and [gestational diabetes](#) (diabetes while pregnant).

Type 1 Diabetes

Type 1 diabetes is thought to be caused by an autoimmune reaction (the body attacks itself by mistake) that stops your body from making insulin. Approximately 5-10% of the people who have diabetes have type 1. Symptoms of type 1 diabetes often develop quickly. It's usually diagnosed in children, teens, and young adults. If you have type 1 diabetes, you'll need to take insulin every day to survive. Currently, no one knows how to prevent type 1 diabetes.

Type 2 Diabetes

With type 2 diabetes, your body doesn't use insulin well and can't keep blood sugar at normal levels. About 90-95% of people with diabetes have type 2. It develops over many years and is usually diagnosed in adults (but more and more in children, teens, and young adults). You may not notice any symptoms, so it's important to get your blood sugar tested if you're at [risk](#). Type 2 diabetes can be prevented or delayed with healthy lifestyle changes, such as losing weight, eating healthy food, and being active.

Gestational Diabetes

Gestational diabetes develops in pregnant women who have never had diabetes. If you have gestational diabetes, your baby could be at higher risk for health problems. Gestational diabetes usually goes away after your baby is born but increases your risk for type 2 diabetes later in life. Your baby is more likely to have obesity as a child or teen, and more likely to develop type 2 diabetes later in life too.

Prediabetes

In the United States, 88 million adults—more than 1 in 3—have [prediabetes](#). What's more, more than 84% of them don't know they have it. With prediabetes, blood sugar levels are higher than normal, but not high enough yet to be diagnosed as type 2 diabetes. Prediabetes raises your [risk](#) for type 2 diabetes, heart disease, and stroke. The good news is if you have prediabetes, a CDC-recognized [lifestyle change program](#) can help you take healthy steps to reverse it.

SOCCKER

SIGN UP TODAY!!

2021 Registration

Registration for the 2021 Fall season opens 5/1/21!! We are looking forward to seeing everyone again!

The registration fee is still \$55 per player.

At checkout, you will see a \$2.75 transaction fee; if you have multiple children playing, we recommend registering them at the same time as it is charged per transaction.

Email Us: yeringtonaysosoccer@gmail.com

<https://www.ayso518.org>



Exercise of the month:

**AT-HOME
FULL BODY WORKOUT**

10 PUSH-UPS
5 BURPEES
10 TRICEP DIPS
5 BURPEES
20 SQUATS
5 BURPEES
20 SECOND WALL SIT
5 BURPEES
30 SECOND PLANK
REPEAT 3-5 TIMES

He+She EAT CLEAN

Nutrition tip of the month:

Introducing the Diabetes Plate Method



No matter which eating pattern works best for you, it can still be hard to know where to start when it comes to building healthy meals that

help you manage your blood sugar—while still being tasty.

That's where the Diabetes Plate Method comes in. Using this method, you can create perfectly portioned meals with a healthy balance of vegetables, protein and carbohydrates—without any counting, calculating, weighing or measuring. **All you need is a plate!**

Recipe of the month:



Avocado Toast with Turkey Bacon and Tomato

Avocado toast is a quick and easy breakfast that includes whole grains and healthy fats. Add a slice of turkey bacon and some sliced tomato for some more protein and veggies. For a more filling breakfast, add a ½ cup of nonfat Greek yogurt and a handful of fresh blueberries (or other seasonal fruit)

Lean protein: turkey bacon, Greek yogurt

Nonstarchy vegetables: Tomato, avocado

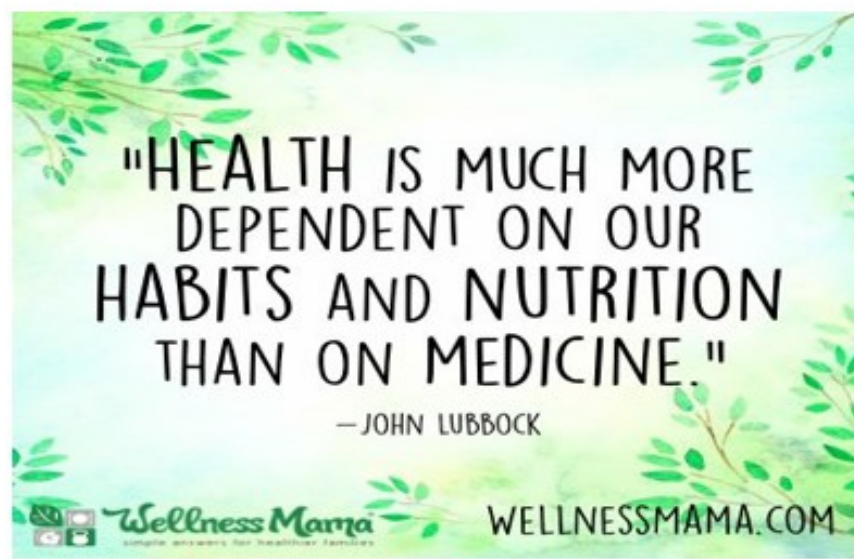
Carbohydrate foods: whole-wheat bread, blueberries

Word of the month:

Resilience

1. the capacity to recover quickly from difficulties; toughness.
2. the ability of a substance or object to spring back into shape; elasticity

Quote of the month:



References:

<https://www.cdc.gov/diabetes/basics/diabetes.html#:~:text=Types%20of%20Diabetes%201%2034.2%20million%20US%20adults,adults%20diagnosed%20with%20diabetes%20has%20more%20than%20doubled.>

<https://www.diabetes.org/healthy-living/recipes-nutrition>

<https://www.diabetesfoodhub.org/articles/create-your-plate-simplify-meal-planning-with-the-plate-method.html>



Marching Into Spring

As the weather continues to warm up and flowers begin to bloom, it is a great idea to get your feet checked!



Make an Appointment

The Yerington Paiute Tribe offers a wonderful opportunity to meet with our Podiatrist, Dr. Nebeker, twice a month, every other Thursday. Please call the clinic and make an appointment.



Check Your Feet

Check your feet everyday for soreness, blisters, ingrown toenails, and any other discomfort. Make sure to report anything abnormal to your provider or Podiatrist.



Stay Active

There is not better way to start walking, jogging, and carrying on native traditions than knowing that the feet you need to do all these things with, are healthy and ready to go!

Getting Back to Your Roots



“The ground on which we stand is sacred ground...it is the blood of our ancestors.” -Chief Plenty Coups, Crow

Diabetes Coordinator

Hello!

My name is Rachel Johnson, and I am the Registered Nurse Diabetic Coordinator at the Yerington Paiute Tribal Clinic. I have a unique background in nursing, and have worked with different tribal communities in Montana, Alaska, and now Nevada! It is an honor to be a part of your community, walking with you on your journey to better health!

Services Provided

- Individual Diabetic education meetings
- Nutrition education (My Native Plate)
- Medication education
- Shoe Voucher Program
- Community Activities

I am available during all open clinic hours, so feel free to call and make an appointment to see me. I look forward to meeting you and joining you on this journey!

EDUCATION DEPARTMENT & TRIBAL LIBRARY

(775) 783-0275

Adults

Baseball Hat Beading

June 2nd, 9th, 16th

5:30-7:30pm

Upcoming Class

Bring your own hat

Please call the Education Department to sign up at (775) 783-0275 Ext 335



Aliana, Aiyana, and Taylor learning how to grow vegetables in the Vegetable Growing Experience.



Emma, Alicia, Sadee, Melodee, and Braylee learning how to make slime and figuring out if slime is a solid or a liquid.

After School Program

May was the last month for the After School Program and the kids had a lot of fun reading their books to their parents at our Write Brain Readers Night. They also have been working on a play called The Strongest One that they performed for their families at the End of Year BBQ. They also learned how to plant vegetables with the Vegetable Growing Experience.

A Fun Family Cultural Activity:

Make your own **Calendar Stick**. One method to help Native Americans keep time was to make notches in sticks. All you need is a popsicle stick and a marking pen. To mark a single day, make a straight line, to mark a month make a crescent moon, then draw a sun to mark a year.

Garden Corner

At the end of May we got our gardener, Ku Stevens hired. So far the hoop houses are tilled and he is in the process of getting our starter plants in the ground. We also have a few new additions to our grounds, we have two crabapple trees and two chokecherries. Thank you Doreen Emm for donating Sage!



The beginning of the plants being planted at Education.

LCSD Forms

Parents of Lyon County School District Students. YPT Education is in need of forms for the following students to complete their packets. Forms are needed for the end of school year YPT Education Awards. If the education department does not have the form on file your child will not receive an award. Please contact Lorna at 775-783-0275.

K-6th Grades

Berumen, Benecio	Lemos, Rayden
Bryan, Eli	Masters, Leo
Conway, Ricky	Phillips, Maxwell
Feole, Elli	Picotte, Dawn
Feole, Lila	Picotte, Olivia
Garcia, Bradley	Picotte, Sophia
Garcia, Chase	Talbot, Isaac
Hernandez, Abigail	Tom, Koonatsae
Hernandez Madera, Mallery	Veil, Bryson
Hernandez Madera, Emilio	Weaselboy, Waapskaa

High School

Aguilar, Gracie
Conti, Kainan
Harry, Kylie
Howard, Chloe
Lemos, Trever
Madera, Mario
Madole, Luke
Savage, Shaimay

Reminder: RFP's have been posted for numerous contract jobs.

Tutors, Specialized Tutors, Paiute Language Teacher, ACT Prep Facilitator, College Career Coach, Academic Success Counselor, and Cultural Presenters

If interested or have questions please contact Courtney Quintero (cquintero@ypt-nsn.gov or 775-783-0200 ex. 332) at the Education Dept.

Summer Is Almost Here



Hello all,

Summer is almost here and sign-ups for both the Summer Foods Program and the Summer Education Program have opened up!

Summer Foods Program

Summer Foods is available for delivery starting June 7th for toddlers to 18 year old's. **Call us at (775) 783-0275 to sign them up.** If they aren't signed up, they are not going to receive a meal. Let us know of any allergies.

Summer Education Program

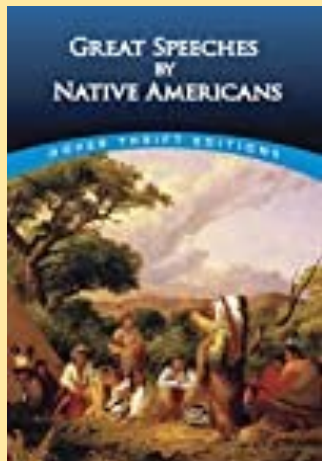
The Summer Education Program is for grades K-6th, Monday thru Friday from 8am-1pm. The program starts on June 14th and goes to July 16th. We will be able to provide transportation, breakfast and lunch, and lots of fun learning activities.

They will be practicing Math, Language Arts, and STEM. Plus, we have lots of fun field trips planned! **Please come by the Education Department to pick up an application.**

REMINDER: The last day of the Student Internet contract is June 4th.

We hope to have a fun Summer, please don't hesitate to call us
or come by!

Featured Book of the Month



Great Speeches By Native Americans

Remarkable for their eloquence, depth of feeling, and oratorical mastery, these 82 compelling speeches encompass 5 centuries of Indian encounters with nonindigenous people. These addresses are deeply moving documents that offer a window into the hearts and minds of Native Americans as they struggled against the overwhelming tide of European and American encroachment.

Library Website

The Yerington Tribal Library is located in the Education building.

Call for an appointment.

The library website has a database of the books we currently have.

<https://yptlibrary.librarika.com/>

*“Seek wisdom, not knowledge. Knowledge is of the past, Wisdom is of the future.”
—Lumbee*

Yerington Paiute Tribal Publications Books For Sale

Use These Phrases Daily

Look at this.

Edka puni.

We ate a lot.

Numi ee-wa'-tzi tuka.

Who is that?

Haga uu-su?

Using phrases like these will help keep the Paiute Language alive and make it easier to remember words as you continue learning the language.

A Numu History.....	\$15
Corbett Mack.....	\$30
Cottontail and Sun	\$10
Introduction to Tribal Government.....	\$20
Let Me Tell You A Story (book).....	\$15
Let Me Tell You A Story (workbook)...	\$15
NV Tribal History Government.....	\$15
Paiute-English Dictionary.....	\$20
The Numu Way (book).....	\$15
The Numu Way (workbook).....	\$15
Wovoka “Ghost Dance”.....	\$30





Yerington Paiute Tribe – Education Department
171 Campbell Lane
Yerington, Nevada 89447
(775) 783-0275
FAX: (775) 463-7892

RFP for Paiute Language Teachers

The new program ACE (Accessing Choices in Education) will be open to all Native American 5th-12th grade students attending Yerington Schools. The ACE program puts the decisions and choices in the hands of the parents and students when it comes to academics. The possibilities are endless. Services that will be offered are as follows but not limited to tutoring, specialized tutoring, ACT prep and testing, remedial and advanced credit, other opportunities for homeschooling, and Paiute Language for credit.

The Yerington Paiute Tribe in partnership with the Lyon County School District will be implementing a Paiute Tribal Language Program starting in the Fall of 2021. It is important to preserve the Paiute language and to grow the number of young, fluent, native speakers. As part of this project, the Yerington Paiute Tribe is seeking individuals who are fluent Paiute speakers and have experience in teaching the Paiute language. Pay range of \$30,000 - \$60,000 dependent on the enrollment of Native American students and will run for the duration of the 2021- 2022 school year.

Following are some of the tasks that will be required for this program:

- Develop a Tribal Language Survey to be distributed to students to determine a current understanding of how people view their culture, values, and interest in preserving traditional ways of life, including their native language.
- Provide a scope of work on how you will implement training on native language preservation and revitalization as well as how you will initiate and implement the language program.
- Develop and provide curriculum for the program.
- Work with other language experts in the local area to develop the program; this will be necessary as there are currently existing language programs that are being used in schools as well as UNR.
- Develop an evaluation and monitoring plan that will be used in determining progress and grading criteria.
- Produce team and participate in the Annual Paiute Bowl held at UNR

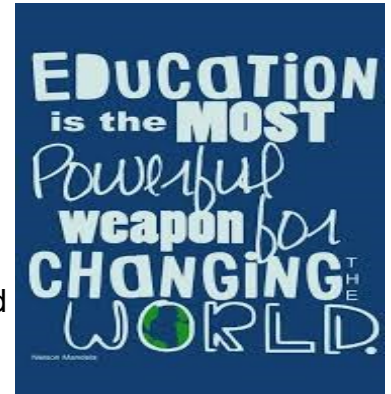
Those interested in being a Paiute Language Teachers will need to:

*Submit a letter of interest and resume, noting experience in the Paiute language and any teaching experience.

*Submit any teaching certificates or Paiute Language documents that may assist with project development.

This information must be submitted, by June 11, 2021 to:

Courtney Quintero, ACE Project Assistant
YERINGTON PAIUTE TRIBE
171 Campbell Lane
Yerington, NV 89447
cquintero@ypt-nsn.gov
(775)783-0200 ex. 332



The Education Department is seeking motivated community members and youth to serve on a 7 member adult committee & a 7 member youth committee that will meet, decide and take action for academic success.

The new program – ACE (Accessing Choices in Education) will be open to all Native American students attending school in Yerington High School and Yerington Intermediate School, 5th grade through 12th grade. It is very possible we may be able to provide anything your student may need to succeed academically. We were awarded almost 3 million for a five-year program, this will cover a lot of needs.

If interested please email cquintero@ypt-nsn.gov, or call 775-783-0200 ex. 332 for information

Special Person Needed

Wanted:



Are you motivated? Do you want to see change in education? Are you good with your words, with people? Are you a good leader, follower, organizer or worker– or just plain good? If any of these fit, your just the person we need.

The Job:

Helping create more opportunities and a better education for all of our children by designing and implementing policies and procedures of program.

Come join us, and put
all those talents to use!

The Reward:

- Meet friendly people
- Create change
- Enjoy a sense of real accomplishment
- Know your making a difference for our children

YPT TAX DEPT NEWS

Yerington Paiute Tribe Newsletter



Thank you to all Tribal Staff for assisting with the Pinenut Blessing.

Thank you Linda Huntsburger for getting us a last minute venue.

YPT Tax Sponsored Events approved by Tribal Council

- Safe and Sober Grad Night
- Pinenut Blessing

Special shout out to Nevada Forest Service Melyssa Navis for providing funding, as well.

Upcoming Events

June 12, 2021, Yerington Paiute Tribe (Ta'boosi tuka'du) Numu Tatza Muha Tugapu Covid-19 Vaccination Fair.

Hosted at: Bernie Giron Park

- **Contact Mandee Hooper 775.783.0200 ext. 150 to register for your free vendor booth.**

We are honored that our Spiritual Leaders continue the Pinenut Blessing. Want to thank Our Spiritual Leaders, YPT Tribal Council and the Honorable Tribal Chairman Hatch.

Feel free to schedule an appointment online or call (775) 783-0206

Feel free to schedule an appointment online or call (775) 783-0206 <https://www.yeringtonpaiute.us/>

Book an Appointment

DMV Exemption
A brief meeting to discuss the process of obtaining DMV exemption.
15 min
Request to Book

VITA/TCE Free Tax Filing
Intake Interview
30 min
Request to Book

DMV Govt. Tax Exemption Requirements:

- Documents required: Nevada Driver's license, proof of insurance, and enrollment card or enrollment verification from YPT Enrollment Dept. **Required documents must list your Yerington Paiute Tribe residence.**
- Must reside within Yerington Paiute Tribe Reservation or YPT Colony boundaries.
- Must be a member of a federally recognized tribe located in Nevada.

Direct Line: (775) 783-0206

YPTtaxdirector@ypt-nsn.gov



INYO/MONO COUNTY PAIUTE LANGUAGE CLASSES



VIA WEBEX

Northern Paiute Language Class

Taught by: Joseph Lent

Mondays Beginner Class @ 3:30pm

Monday Class @ 6:00pm

Meeting Number: 145 983 5485

Password: 8723604

Beginner Paiute Language Class

Taught by: Jamie Meredith

Tuesdays & Thursdays @ 10am

Meeting Number: 145 881 2388

Password: 8723604

Thursdays @ 6:30pm

Meeting Number: 145 577 6284

Password: 8723604

Paiute Language Classes

Taught by: Phillip Kane

Fridays @ 5:00pm

Meeting Number: 145 541 6050

Password: 8723604

Taught by: Glenn Nelson

Saturdays & Tuesdays @ 5:30pm

Meeting Number: 145 860 8115

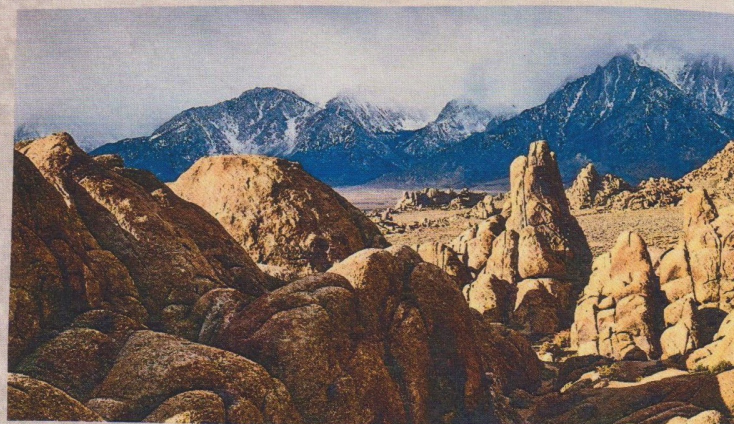
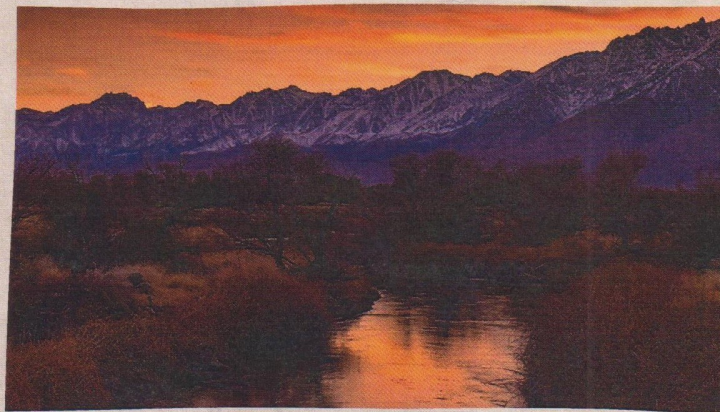
Password: 8723604

Taught by: Lavina Banning

Wednesdays @ 6:00pm

Meeting Number: 145 156 7305

Password: 8723604



**FOR MORE INFORMATION CONTACT
INYO/MONO NUUMU YADOHA LANGUAGE
PROGRAM
760-872-3604**

JANUARY - DECEMBER 2021

**YERINGTON PAIUTE TRIBE
COMMODITY FOOD PROGRAM SCHEDULE**
171 Campbell Lane
Yerington, NV 89447
Certifier- (775) 783-0260 EXT 2 or Cell: (775)781-4856
Fax (775) 463-7856
smeza@ypt-nsn.gov or yptcommods@gmail.com

Director:
Certifier: Sylvia Meza
Warehouseman: Jake Bobb
Asst. Warehouseman: Steve Conway

Schedule is subject to change!
Staff will notify your tribal office if there are any changes.

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Fallon, NV 8am-12pm/Gym or housing	5	2	2	6	4	1	6	3	7	5	2	6
Yerington, NV 8am-1pm/Warehouse	7	4	4	8	5	3	8	5	9	7	4	2
Bridgeport, CA 10am-2pm/Tribal Building	8	5	5	9	7	4	9	6	10	8	5	3
Yomba, NV & Benton, CA 11am-1pm	11	8	8	12	10	7	12	9	13	11	8	1
Carson City, NV & Woodfords, CA 8am-12pm/Gym 12.30pm-1:30pm Gym	13	10	10	14	12	9	14	11	15	13	10	8
Lovelock, NV 8am-11pm/Tribal Building	15	12	12	16	14	11	16	13	17	15	12	10
Bishop 8am-12:00pm/Cultural Center	20	15	16	20	18	15	20	17	21	19	16	14
Big Pine, Independ, Lone Pine-CA 8am-11pm/Tribal Building	21	16	17	21	19	16	21	18	22	20	17	15
Reno, NV 8:00am-12pm/Admin	25	23	23	27	24	22	27	24	28	26	22	20
Schurz, NV 8am-12pm/ Gym	28	25	25	29	27	24	29	26	30	28	23	22

Please call our office before you come to the warehouse

The office is closed at the end of the month for inventory.

New Clients- Please completely fill out the commodity application. Be prepared to provide copies of income, social security numbers, and proof of address for the whole household. This will speed up your process time. Please send an authorized representative with a note if you cannot make the distribution site. If not we will not give your allotment of commodities to anyone.

It is **your responsibility** to check your boxes for your allotment such as **meats and cheese!**



COURT DATES:

June 1 & 15
July 6 & 20
August 3 & 17
September 7 & 21
October 5 & 19
November 2 & 16
December 7 & 21



Bridge Market/Smoke Shop

463-3925

Open 7 Days A Week

463-3670

601 West Bridge Street

Hours:

Mon. - Fri. 6:30 am - 7:00 pm

Sat & Sun 7:00 am - 7:00 pm

Hours:

Mon - Fri 6:30 am - 7:00 pm

Sat & Sun 7:00 am - 7:00 pm

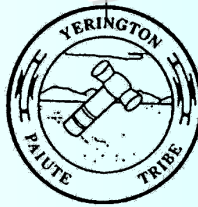


Snacks ~ Beverages
Chips ~ Beer
Fountain Drinks

Beadwork

- Major & Generic Brands
- Cigars & Chewing Tobacco

601 W. Bridge Street



Arrowhead Market

6 Miles North of Yerington off Hwy. 95A & Campbell Lane

HOURS: Monday - Saturday 5:00 am - 10:00 pm

Sunday 6:00 am - 10:00 pm • Open Early/Late



Movie Night at the
Arrowhead Market

Now renting new and current movies for your viewing pleasure. With every rental - get a 2 liter bottle of soda for \$2.



24 HOUR PUMPS Premium Gasoline and Diesel Fuel



Large Selection of tobacco, cigarettes, hot foods, snacks & beverages.
PROPANE EXCHANGE NOW AVAILABLE

**Vacuum, Air & Water Service
All Together For Easy Access**

783-0238

JOB OPENINGS

ADMINISTRATION

- Administrative Assistant
- Victim Services Program Director

FINANCE

- Finance Clerk/Accounts Payable

HEALTH CLINIC

- Chief Medical Officer
- Registered Nurse
- Wellness Activity Coordinator

EDUCATION

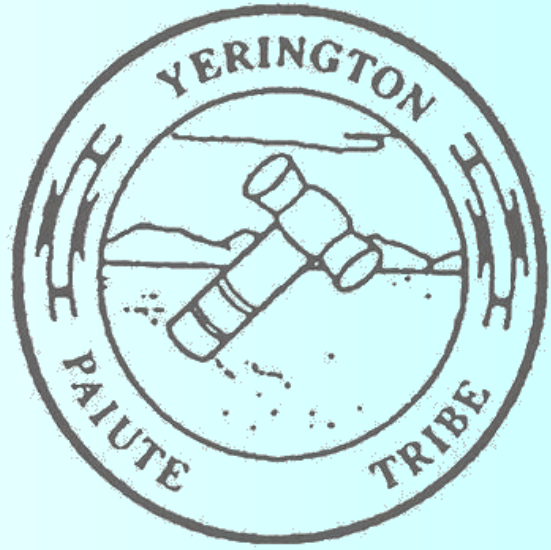
- Summer Foods Program Aide (4)

ENVIRONMENTAL

- Environmental Assistant
- Water Quality Program Coordinator

ENTERPRISE

- Store Clerk (Arrowhead Market)



To obtain a job application contact:

HUMAN RESOURCES DIRECTOR

Chris Jensen

DIRECT # 775-783-0265

FAX: 775-627-9022

Email: cjensen@ypt-nsn.gov or hr@ypt-nsn.us



HOUSING

- Executive Director
- Maintenance Supervisor
- Force Account Worker

Obtain an application and detailed job description, in person or by mail from:

Yerington Paiute Tribal Housing Authority
31 W. Loop Road
Yerington, NV 89447
(775) 463-2225



SUMMER FOOD PROGRAM 2021

We are gearing up for our
Summer Foods Program 2021.
Job Announcements are posted.
All youth with the following qualifications are encouraged to apply.

QUALIFICATIONS:

- Must be in grades 9-12
- YPT Community Member

POSITIONS—Closed/Community Youth Members

- Summer Foods Program Aide (4)



Serving our Children,
Free, Nutritious Meals

Human Resources Department
HR/Director—Chris Jensen
Direct Line: 783-0265



SHOUTOUTS



Happy Father's Day To All The Daddy's

COMMITTED FATHER
 FAITH WISE FATHERS HAPPY SPECIFIC FOOTBALL
 AMUSING TOUGH KIDS CALM ANIMALS DAD FAITHFUL
 BASEBALL YOUTHFUL
 UNIQUE MAN CLEVER TRAVELER BEER HANDSOME
 MENTOR PRODUCTIVE HONEST INTELLECTUAL
 COACH ARTSY LOVE RELIABLE
 LEADER OPTIMISTIC UNITY FANTASTIC
 PATIENT LOVING FATHERLY
 DAY SPONTANEOUS
 COURAGEOUS HUSBAND
 ENTERTAINER HERO ADVENTUROUS FRUSTRATING
 CARING STUBBORN
 COMPASSIONATE HARDWORKING



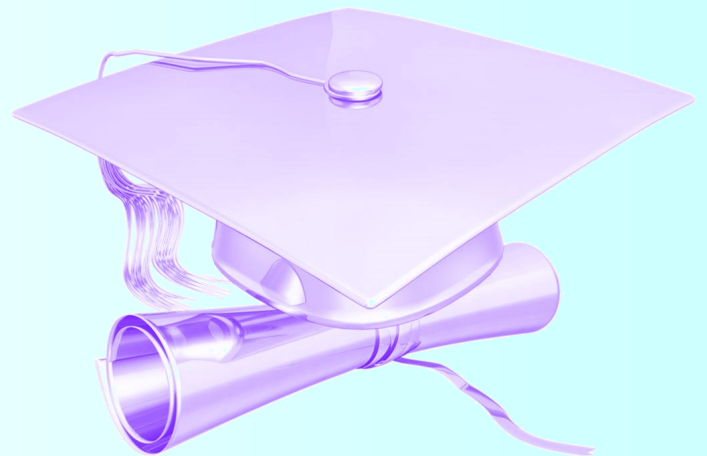
Congratulations

Graduates!!

Yerington Paiute Tribe

Is Proud Of Each &

Every One Of You!!





Yerington Paiute Tribe

**171 Campbell Lane
Yerington, NV 89447**

PHONE:

(775) 783-0200

Fax: (775) 463-2416

Direct Lines:



CLINIC	(775) 783-0222
HUMAN SERVICES	(775) 783-0280
EDUCATION	(775) 783-0275
ENROLLMENT	(775) 783-0232
LAW ENFORCEMENT	(775) 783-0246
SECRETARY	(775) 783-0200
CHAIRMAN	(775) 783-0202
Deputy Administrator of Program Operations	(775) 783-0203
HUMAN RESOURCES	(775) 783-0265
ENVIRONMENTAL	(775) 783-0240
TAX DEPARTMENT	(775) 783-0206

Fax:
(775) 463-2416

Website:
www.yeringtonpaiute.us

Facebook:
Facebook.com/
YeringtonPaiuteTribe

ENTERPRISES

Arrowhead Market:
(775) 783-0238

Bridge Market:
(775) 463-3925

Smoke Shop:
(775) 463-3670



JULY NEWSLETTER SUBMISSION

DEADLINE:

Friday, June 25, 2021

By 3pm

Submit to:

Enrollment Office

171 Campbell Ln

Yerington, NV 89447